Adolescence And Emerging Adulthood 4th Edition

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the new edition of the authoritative book in the field of adult education fully revised to reflect the latest research and practice implications for nearly three decades learning in adulthood has been the definitive guide in the field of adult education now in its fourth edition this comprehensive volume is fully revised to reflect the latest developments in theory research and practice the authors integrate foundational research and current knowledge to present fresh original perspectives on teaching and learning in adulthood written by internationally recognized experts this market leading guide draws from work in sociology philosophy critical social theory psychology and education to provide an inclusive overview of adult learning designed primarily for educators of adults this book is accessible for readers new to adult education yet suitably rigorous for those more familiar with the subject content is organized into four practical parts covering topics such as the social context of adult learning self directed and transformational learning postmodern and feminist perspectives cognitive development in adulthood and more offering the most comprehensive single volume treatment of adult learning available this landmark text offers a wide ranging perspective on adult learning

synthesizes the latest thinking and work in the field includes coverage of the sociocultural perspectives of adult learning explores the broader social implications of adult education learning in adulthood a comprehensive guide 4th edition is an indispensable resource for educators and administrators involved in teaching adults as well as faculty and students in graduate programs in adult education

reflects the most important theoretical foundations and research directions concerning aging and older adulthood this authoritative volume provides the latest insights into and theoretical interpretation of our understanding of the human aging process newly updated and revised this edition of the well established student textbook offers relatable scenarios that touch upon real world issues faced by older adults and their families the book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood and it explains the hypotheses and findings of the studies in a manner that is comprehensible to readers of all levels of research experience aging and older adulthood begins by describing the demographic characteristics of the older population and follows with a chapter on theoretical models that apply to the study of adult development and aging as well as approaches commonly taken to conduct research and ethical concerns involved in the study of this group it then offers a series of chapters exploring biological aging sensation perception and attention memory intellectual functioning cognition and real world problem solving personality and coping social interaction and social ties lifestyles and retirement mental health and psychotherapy and death and bereavement the final chapter looks at aging in the future each chapter includes fully updated research findings as well as new and expanded coverage of concepts and ideas in areas such as neuroscience and diabetes new edition of a highly respected text exploring our contemporary understanding of a broad range of topics related to older adulthood and the psychology of aging offers thematic treatment of core issues including health sensory perception memory intellect social interactions employment and retirement and mental health uses a dual lens of two models the selective optimization with compensation model and the ecological model to provide cohesiveness to the presentation of both theoretical and applied material introduces each chapter with a relevant real world scenario and refers back to it throughout the chapter includes pedagogical feature boxes that reflect current understanding of contemporary issues in the field as well as key points and issues for further discussion aging and older adulthood 4th edition is an excellent text for upper division undergraduate and graduate courses focusing on the older adulthood and aging the psychology of aging gerontological studies and lifespan development

the new edition of the authoritative book in the field of adult education fully revised to reflect the latest research and practice implications for nearly three decades learning in adulthood has been the definitive guide in the field of adult education now in its fourth edition this comprehensive volume is fully revised to reflect the latest developments in theory research and practice the authors integrate foundational research and current knowledge to present fresh original perspectives on teaching and learning in adulthood written by internationally recognized experts this market leading guide draws from work in sociology philosophy critical social theory psychology and education to provide an inclusive overview of adult learning designed primarily for educators of adults this book is accessible for readers new to adult education yet suitably rigorous for those more familiar with the subject content is organized into four practical parts covering topics such as the social context of adult learning self directed and transformational learning postmodern and feminist perspectives cognitive development in adulthood and more offering the most comprehensive single volume treatment of adult learning available this landmark text offers a wide ranging perspective on adult learning synthesizes the latest thinking and work in the field includes coverage of the sociocultural perspectives of adult learning explores the broader social implications of adult education learning in adulthood a comprehensive guide 4th edition is an indispensable resource for educators and administrators involved in teaching adults as well as faculty and students in graduate programs in adult education

gain the focused foundation needed to successfully work with older adults occupational therapy with older adults strategies for the ota 5th edition is the only comprehensive book on occupational therapy with older adults designed specifically for the occupational therapy assistant it provides in depth coverage of each aspect of geriatric practice from wellness and prevention to managing chronic conditions expert authors helene lohman amy shaffer and patricia watford offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice unique focused coverage emphasizes the importance of the role of an ota in providing care for older adults unique coverage of diverse populations including cultural and gender diversity prepares otas to work with older adults using cultural sensitivity unique critical topic discussions examine concepts such as telehealth wellness and health literacy interdisciplinary approach highlights the importance of collaboration between the ot and the ota specifically demonstrating how an ota should work with an ot in caring for older adults case studies at the end of chapters help to prepare for situations encountered in practice new an ebook version is included with print purchase and allows access to all the text figures and references with the ability to search customize content make notes and highlights and have content read aloud new evidence nuggets sections highlight the latest research to inform practice new tech talk feature in many chapters examines the latest technology resources revised content throughout provides the most current information needed to be an effective practitioner updated references ensure the content is current and applicable for today s practice

reflects the most important theoretical foundations and research directions concerning aging and older adulthood this authoritative volume provides the latest insights into and theoretical interpretation of our understanding of the human aging process newly updated and revised this edition of the well established student textbook offers relatable scenarios that touch upon real world issues faced by older adults and their families the book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood and it explains the hypotheses and findings of the studies in a

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the fourth edition of dr james rippe s classic lifestyle medicine textbook continues to lead and inform the rapidly growing field of lifestyle medicine this is the discipline that focuses on the impact of daily habits and actions on both short and long term health and quality of life the first edition of this comprehensive work named the field of lifestyle medicine in the academic medical literature the fourth edition continues to span and expand the field and offers extensive evidence based literature in virtually every aspect of lifestyle medicine this textbook edited by cardiologist dr james rippe who is a leading lifestyle medicine researcher represents the combined wisdom and recommendations of over 325 experts in virtually every aspect of lifestyle medicine chapter authors have been chosen because of their background as leaders in various aspects of lifestyle medicine lifestyle medicine fourth edition contains extensive sections on the treatment and prevention of coronary heart disease stroke cancer diabetes obesity substance abuse dementia and many other clinical conditions key lifestyle modalities such as physical activity nutrition weight management sleep stress reduction and positive connections with other humans are supported by detailed discussion and state of the art evidence the expanded section on behavioral medicine provides an important framework for these discussions every chapter has been completely revised and many new topics added such as lifestyle medicine for nursing psychiatry and preventive neurology the fourth edition of this classic text continues to serve as the leading comprehensive textbook in lifestyle medicine the original has been called the indispensable bible of lifestyle medicine and the fourth edition of

this work continues to justify this designation there is no longer any serious doubt that daily habits and actions have a significant impact on multiple aspects of health the fourth edition of lifestyle medicine provides the scientific evidence to support this assertion and will serve as an invaluable reference and guide not only to lifestyle medicine practitioners but to all primary care physicians subspecialty physicians nurses and other healthcare practitioners

with its multidisciplinary approach and focus on psycho social issues this topical text features coverage of the concepts and issues in the field of adult development theoretical foundations include the life span developmental perspective and bronfenbrenner s ecological systems theory this text acknowledges that humans exist within multiple environments thus the individual is presented in the context of society and the resulting personal and social history an array of issues are integrated into the text including the influence of socio cultural biological economic and political forces the significance of cohorts gender race ethnicity socio economic status and culture are also emphasized

for undergraduate level courses in adulthood and adult development and aging this best selling text studies aspects of growth and development from young adulthood to old age and the impact cultural gender and individual differences have on these processes it presents research findings theories and models from various scientific fields to discuss the topics of prevention compensation gains and losses in a conversational tone

this upper level text for advanced undergraduate students addresses cognitive and intellectual changes in adulthood and ageing chapters cover such topics as foundations intelligence information processing memory and cognition in context

as orthopaedic specialty units are being combined with other nursing units or integrated into medical surgical units more nurses are frequently unprepared to care for these patients with orthopaedic problems to help them keep pace with the changing demands of this specialty this book s straightforward approach and wealth of illustrations address the nursing care of patients with common orthopaedic conditions step by step coverage shows preoperative postoperative home and rehabilitative care where appropriate discussions also include the care of outpatients receiving follow up or rehabilitative care special attention is given to the care of patients in traction or casts

contains articles on writers whose works are popular with young adults including contemporary authors such as francesca lia block and maya angelou and classic authors such as sir arthur conan doyle and louisa may alcott

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